

HEALING PATTERN

Pray together in pairs of 2 for each other

1. CONFESS - heavenly Father I confess _____ as my sin. I repent of it and I ask you to forgive me.

2. ASSURE forgiveness: _____, Gods word promises that if we confess our sin, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. So I declare to you in Jesus name that you are totally forgiven.

Do you receive God's forgiveness?

Do you forgive yourself?

3. BREAK bondages: IN the name of Jesus, I take the sword of the Spirit that is God's word and I cut you free from all bondage to _____ (name significant people, places, things, feelings).

4. CAST AWAY: In the name of Jesus I bind and cast away every spirit of _____. I command you to go to the place Jesus sends you, never to return. (Be sensitive to the HOLY Spirit - wait upon the LORD).

5. DESTROY images: in the name of Jesus, I take the Word of God, which is like a hammer that smashes the rock, and I smash all images, words, and feelings associated with _____. And I cleanse these memories away with the blood of Jesus.

6. EXTEND GOD's HEALING: Extend Christs love to heal and restore the person. Pray as you are led.