Connect Study—the Armour of God

Lk 11:21-22 **“**When a strong man, fully armed, guards his own palace, his goods are in peace. But when a stronger than he comes upon him and overcomes him, he takes from him all his armour in which he trusted, and divides his spoils”. As per these verses, the enemy has to take all of the armour to get the spoils in the war. A lot of Christians however are totally vulnerable to the enemy’s attacks as they not protecting themselves by putting on the “whole armour”.

Eph 6:11-12 also exhorts us to put on the whole armour of God so that we will be able to resist the enemy in times of evil.

God gave us six pieces of the armour because the enemy attacks on six fronts:

* Truth—lies, deception, and confusion.
* Righteousness (right standing with God and man)—guilt, condemnation, rejection
* Emotion (peace)—fears, worries, anxiety, depression and care
* Faith—disappointments, disillusionments, doubt and unbelief
* Mind—wrong thoughts, misunderstandings and negative mindsets
* Words—negative speech, loose/careless words, gossips, curses, destructive words.

Therefore, we need to put on the armour of God daily so that we can be overcomers.

Ps Roland emphasized on the breastplate of righteousness.

* Righteousness (right standing with God and man)

This righteousness is more than just doing the right things; it is about right standing with God as well as with man. If we claim to be righteous yet have broken or estranged relationships with others, something is amiss.

* Forgiving others as we ourselves are forgiven (Matt 6:12)
* Knowing our identity as sons/daughters (favour), Kings (authority) and priests (access)
* Boldness to enter his throne of grace. We can come as we are.

Discussion questions:

1. List the six pieces of the armour of God from Eph 6:13-17
2. Which of six fronts of attacks that you are most vulnerable to? Which piece of the armour relate to that area and how can you practically apply it?
3. In terms of the breastplate of righteousness, is there any relationship that you need to make right? What do you need to do practically to bring the righteousness of God into that relationship?
4. One of the key attacks of the enemy is guilt and condemnation. How do you think guilt and condemnation affects our spiritual walk