



## Why Fast?

While fasting may not be popular, it is a necessity to believers because certain things cannot change except through prayer and fasting.

The disciples of Jesus could not drive out a spirit a little boy. Jesus responded in Mark 9:29 (KJV) *“And he said unto them, this kind can come forth by nothing, but by prayer and fasting”*.

### God expects that we will fast.

According to scripture, there is an explicit expectation believer will fast. The bible uses the words “when you fast” and not “if you fast” because believers are compelled to fast.

*Matthew 6:16-18 (ESV) “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”*

## In what ways can we fast?

The Hebrew word for fasting means, “to cover over the mouth.” The Greek word for fasting means, “to abstain from food.” So this gives us an indication of how to fast.

### Various Fasts:

1. **A Normal Fast** – This is going without food but drinking plenty of water for a set period of time.
2. **A Liquid Fast** – This is a fast that only includes broth, soups and fruit juice for a set period of time
3. **A Partial Fast** – This involves giving up particular foods like meat, bread and sugar. This fast consists of simple fruits and vegetables. This is what some people call a ‘Daniel fast’. Daniel asked not to eat the king’s rich, choice foods but requested simple vegetables and

fruit to eat and water to drink (Daniel 1:8, 12-20). This fast could be three days, seven days or twenty one days. We have a variety of menu ideas available below.

4. **Fasting meals** – This involves skipping certain meals of the day to commit the time to prayer and reflection. If you have never fasted before, start with one, two, or at most a three-meal fast.
5. **Other fasts** – This could be giving up television, technology, social media, certain hobbies that take up your time and attention.

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## Day 1: Thanksgiving

### Scripture:

*1 Thess 5:16 (ESV) "Rejoice always, pray without ceasing, **give thanks in all circumstances**; for this is the will of God in Christ Jesus for you.*

### Prayer Gems

When God created the heavens and the earth, His Spirit was hovering over the earth which was formless and void. Then God spoke "*let there be light*". Nothing happened until he spoke.

We often think prayer is silent, contemplative and thoughtful, which is true to some degree. Psalm 139 states "*God knows our thoughts from afar*".

However, prayer involves speech. We need to speak and declare God's will and word aloud. God had the entire design of the earth in his mind, yet nothing happened until he spoke.

The Bible tells us that there is life and death in the power of a tongue. This means that through speech we can change the direction of our lives, atmosphere, environments and peoples destinies.

We need to speak forth and pray aloud, this can have profound and eternal results when mixed with faith in God and His Word.

### Prayer points:

- If you are not used to praying aloud, begin to pray aloud in tongues for at least 10 minutes.
- Repent of any ingratitude, negative (self-focused thoughts), grumbling or complaining against God because of your present circumstances or unanswered expectations or prayers.
- Speak aloud thanks to God for His manifold blessings, for your family, spiritual leaders (Psalm 103).
- Declare that He will give you strength and breakthrough even in this season of prayer and fasting.

## Day 2: Consecration

### Scripture:

*Jas 4:8, 10 "Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded...Humble yourselves before the Lord, and he will lift you up"*

### Prayer Gems:

God gave mankind dominion over the earth to rule and subdue. This dominion was stolen from Adam in the Garden of Eden, but restored at Calvary (Jesus' death on the cross & resurrection) by Jesus Christ. God desires to work *in* and *with* us to bring about his will on earth.

That is why prayerlessness is sin, because God has commanded that we pray without ceasing (1 Thess. 5:16-18, which means we are to pray consistently & constantly – like a dripping tap that won't stop leaking).

*1 Sam 12:23 (NIV), "As for me, far be it from me that I should sin against the Lord by failing to pray for you".*

God expects us to take responsibility over the earth and our physical realm by praying to bring about change.

*Eze 22:30 (NLT), I looked for a man among them who would rebuild the wall of righteousness that guards the land. I searched for someone to stand in the gap in the wall so I wouldn't have to destroy the land, but I found none."*

### Prayer points:

- Repent of any known sins e.g. idolatry (anything that replaces God as priority), sexual sins (in thoughts and in actions), any form of addictions, any sinful attitude (anger, jealousy, unforgiveness, bitterness), pride (stubbornness, rebellion, disobedient to God or human authority)
- Repent of prayerlessness and begin to encourage your discipline of prayer by joining in the corporate weekly prayer meetings at church.

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## Day 3: Family and Household salvation

### Scripture:

*Acts 16:31 "Believe in the Lord Jesus and you will be saved, along with everyone in your household."*

### Prayer Gems:

There are many different types of prayers in the Bible which include prayers of intercession, supplication, etc. In order to activate the prophetic destinies in our lives and in the church, we need to learn to pray the prayer of faith in agreement with others.

The prayer of faith is rooted in our confidence in God's Word. Prayers of faith require knowing the will of God through His word, (which can also at times be revealed through prophetic words), praying it and receiving the answer. Faith is an important ingredient in pleasing God and receiving answer to prayers. This means we should trust and believe in Christ, without doubting that His word will come to pass.

*Heb 11:6, "for he that comes to God must believe that he is, and that he is a rewarder of them that diligently seek him".*

The prayer of agreement involves two or more people coming together in agreement with one another and with the Word of God, that something specific will be done. Their faith compels God's positive response.

*Gen 11:6 "The LORD said, "If as one people speaking the same language they have begun to do this, then nothing they plan to do will be impossible for them." (NIV)*

**Prayer points:**

- Pray for righteousness, peace & joy in your marriage (& for other married people). Pray for greater oneness. Pray that you will see your spouse as God sees her/him. That He will use your marriage as a form of witness to those around you.
- Pray for your children, that God will bring home those who have wandered from their faith or stopped going to church.
- Pray for unsaved family members. Bind the spirit that blinds their minds. Bind every hardness of hearts and stubbornness of minds. Pray for believers to cross their paths. Declare a release & softening in their minds & hearts to receive Jesus' love.
- For those who are single, start praying for their future spouse. Pray that God will grow you into the right person, and that he will give you wisdom, discernment, patience to find the right spouse.

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## **Day 4: Physical health and Healing**

**Scripture:**

*Jeremiah 30:17 - "I will give you back your health and heal your wounds," says the LORD.*

**Prayer Gems:**

Sometimes we need to engage in warfare prayer. Warfare prayer is a technique that uses prayer as a weapon to battle with spiritual forces of evil in the heavenly realms and on earth. This involves waging war with unseen spiritual enemy forces of evil invading earth to torment human lives.

*Ephesians 6:12 "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms".*

*Psalms 18:34: "He teaches my hands to war; So that my arms bend a bow of bronze"*

We know that sickness is one of the weapons of the enemies, to bring oppression to God's people. We need to be militant and aggressive in praying against sickness and not accept those debilitating conditions in our lives or the lives of those we love.

#### **Prayer Points:**

- Thank God that His name is *Jehovah Rapha* – 'the Lord who heals.'
  - Thank Jesus that He was wounded for our transgressions and bruised for our iniquities and through His stripes we are healed.
  - Rebuke any spirits of infirmity causing diabetes, high blood pressure, kidney disease, etc, in your life or family.
  - Speak healing and strength to your bones, muscles, joints, every internal organs and the five senses.
  - Ask God to reveal any roots of these diseases in yourself or the family e.g. idolatry, unforgiveness, bitterness, etc. and repent of them.
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### **Day 5 Financial Provision**

*'The LORD will send rain at the proper time from his rich treasury in the heavens and will bless all the work you do. You will lend to many nations, but you will never need to borrow from them.'* (Deut. 28:12)

*'Remember the LORD your God. He is the one who gives you power to be successful, in order to fulfil the covenant he confirmed to your ancestors with an oath.'* (Deut. 8:18)

#### **Prayer Gems:**

Many people wonder why some of their prayers are not answered in an affirmative manner.

Sometimes God does not answer our prayer for our own sake, just as a parent would not grant the request of a four-year-old to have a Harley Davidson motorbike for their birthday. The parent knows granting the request will be harmful to the child at this stage in life. So often it's a matter of timing. In the frantic pace of life we often want things instantly – we can order virtually anything online and even download movies, songs and books instantly. Some prayers are answered instantly, others are like fruit that grows over time and will be harvested at the right season.

Wrong motives or asking for the wrong thing in the wrong season are often the reasons for unanswered prayers.

*James 4:2-3 ‘...you don’t have what you want because you don’t ask God for it. And even when you ask, you don’t get it because your motives are all wrong—you want only what will give you pleasure.’*

Another hindrance to answered prayer is carnality (worldliness). Carnal prayers are birthed from the intellect or flesh and not the womb of God, often driven by self-ambition/motives. Generally, such prayers have an aspect of forcing God to do what one wants for a hidden agenda or benefit. The prophet Jeremiah rightly pointed out that our hearts can be deceitful, thus, we need to ask God to examine our hearts even as we pray, especially in the area of finances and relationships.

#### **Prayer Points:**

- Thank God that His name is *Jehovah Jireh—the Lord who Provides*.
- Ask God to break the bondage of lack in your life, break the yoke of debt and overspending, break every spirit of poverty, scarcity and failures in your life and your family. Cancel every assignment of the enemy against your finances and investments.
- Ask God for wisdom to be good steward of the financial resources he has given to you. Repent if you have not been tithing as God views that as a form of stealing from Him.
- Ask God to search your motives for financial blessings
- Declare release of favour, power to gain wealth, creativity and wisdom to make money.

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## **Day 6: God’s purposes for my life**

### **Scripture:**

*Psalm 138:8 – ‘The LORD will fulfil his purpose for me.’*

*Jeremiah 29:11 – “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future...”*

### **Prayer Gems:**

In the Old Testament, God instructed Moses to build the tabernacle. It was the dwelling place of God, built to his specifications, where He would meet with His people. Today, as New Testament believers, we individually, as well as the church corporately, are the temple of the Holy Spirit—the dwelling place of God. We have the privilege to commune with God everywhere and any time. However, even though we no longer need a physical tabernacle, the principles encapsulated by the items of temple furniture still apply in how to seek God.

In Moses’ tabernacle, three pieces of furniture were laid out in the Holy Place, which are the menorah (the golden lampstand), the table of showbread and the altar of incense. Each of those represents an important element when we come into the presence of God. The lampstand represents the Holy Spirit; thus we need to pray in the spirit even as we come into His presence. The Table of showbread represents the word of God; thus we should spend time

reading the word. Finally, the altar of incense represents prayer and worship, thus we should spend time in worship as we pray.

**Prayer Points:**

- Thank God that His name is *Jehovah Ra'ah*—the *Lord who is our shepherd*, that He will guide us. He promises that His sheep hears his voice, thus we can be confident to hear His voice clearly about His purposes & plan in our lives.
  - Pray for passion to do the will of God. Pray against lukewarmness, laziness and procrastination that hinder you from fulfilling the purposes of God.
  - Pray that God will fan into flames your spiritual gifts and that you will use them in the power, love and self-discipline to extend the kingdom of God.
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**Day 7: Wholeness**

**Scripture:**

*'Beloved, I wish above all things that you may prosper and be in health, even as your soul prospers.'* (3 John 2)

**Prayer Gems:**

The Lord's prayer starts with "Our Father...". The first dimension of prayer that we all need to learn is approaching God as our Father. Our God is a good, good Father. We are His Children. We must be secure in our identity as sons and daughters of God.

Many people find it hard to grasp this concept because of their broken relationships with their earthly fathers. We need ask God to come and heal those areas of our lives so that we can enjoy that intimate relationship with Him as our Heavenly Father.

**Prayer points:**

- Thank God for that His name is *Jehovah Tsidkenu*—the *Lord our Righteousness*. That He forgives all our sins and releases us from our shame and guilt.
  - Pray that God will give you a greater revelation of Him as your Heavenly Father.
  - Pray that God will prosper your soul—your emotions, mind and will. Break every depression, negativity, inferiority, etc
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**Day 8 Church's Enlargement**

### Scripture:

*Isa 54: 2 Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes.*

### Prayer Gems:

Jesus said His church will be called “the House of prayer” for all nations. There is tremendous power in corporate prayer.

While we all need to seek God individually in that secret place (our personal altar), we also need to come together as a body of Christ to pray and intercede together (our church altar).

### Prayer Points

- Pray for God will **enlarge the borders of the church**. Pray according to the prophetic words. Pray for expansion—north, south, east, west.
- Pray that we will MAKE disciples, MATURE partners and MULTIPLY leaders.
- Pray for more people to come to Christ & be discipled. Pray that you will be a discipler – get involved in a D360 Make Disciples group.

### Bishop Alexei’s prophecy for ICC

I've heard from the LORD multiplication - multiplication  
You need to extend & you are ready for that. You are not to be in one place. You already have many leaders, many teams, many teams of worship. You need to extend in this city... not to be in one place but here’s what I see... I see about four or five places in this city. You are to launch new churches there in those 5 places. And here’s what you will begin to see...In the time span of 10 years you will have the same amount as here in in each of those churches. God will do that. Do you know why? Because God wants to enlarge your borders.

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## Day 9 Pastors

### Scripture:

*Isa 54:17 no weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the LORD, and this is their vindication from me,” declares the LORD.*

### Prayer Gems:

Another dimension of prayer is to approach God as a friend. In Luke 11:5-6 (NIV), Jesus says, “Suppose you have a friend, and you go to him at midnight and say, ‘Friend, lend me three loaves of bread; a friend of mine on a journey has come to me, and I have no food to offer him.’” Here, Jesus painted the picture of a man who had a friend in need but couldn’t help him, so

instead he went to another friend. This is the position of intercession where we go to our friend, Jesus, to help others whom we can't help with our own natural resources.

The Greek noun, "*enteuxus*" in the Bible is the word used for "intercession." It denotes a "meeting with," a conversation or petition rendered on the behalf of others.

Intercessory prayer is seeking the presence and audience of God in another's stead. We are called to intercede for others just as Jesus is interceding for us (Hebrews 7: 25).

**Prayer Points:**

- Pray for our pastors especially the Senior Minister, and their families
  - Pray that God will give them the Spirit of wisdom, understanding, counsel and might and the fear of the Lord
  - Pray that God will anoint them with fresh oil each day and that they be led by the Holy Spirit
  - Pray for righteousness, peace and joy in their lives and their families
  - Lead them not into temptation but deliver them from evil
  - Destroy snares and traps assigned to undermine their effectiveness.
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**Day 10 - Multiplication of Disciples and Leaders**

*Psalm 144:13 – 'May our barns be filled with crops of every kind. May the flocks in our fields multiply by the thousands, even tens of thousands.'*

**Prayer Gems**

Another dimension of prayer is to approach God as a judge. Jesus spoke of a widow who came before an unjust judge and wanted justice from her adversary. He granted her justice because of her shameless persistence. Jesus said, "Learn a lesson from this unjust judge. Even he rendered a just decision in the end. So, don't you think God will surely give justice to his chosen people who cry out to him day and night? Will he keep putting them off? I tell you, he will grant justice to them quickly!" (Lk 18:6-8)

Our God is the only truly wise and just judge. The point was if an unjust judge can be persuaded, how much more will the righteous judge in heaven render justice to his people who cry out to Him day and night. Let us be persistent in our prayers and enforce God's word

**Prayer Points:**

- Pray that discipleship will really become part of culture in ICC - for more people to rise up to disciple new people.

- Pray for the multiplication of leaders in accordance to Bishop Alexei’s prophecy - for people of F.A.I.T.H. to rise up:
    - Faithful:
      - in their devotion & obedience to God & His word;
      - In the little things; (What are the little things that you need to obey God in?)
      - In handling money & resources; and
      - In that which is another’s. (Luke 16:11-12)
    - Available – to invest the time to be developed as leaders.
    - Involved – active & committed to serving in church.
    - Teachable – people who are humble and willing to learn, grow and receive correction.
    - Hungry – for God’s word, for more knowledge, training and responsibility.
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## **Day 11 - Church Resources**

*Psalm 145: 13 For your kingdom is an everlasting kingdom. You rule throughout all generations. The LORD always keeps his promises; he is gracious in all he does.*

### **Prayer Gems:**

Ephesians 6:18 encourages us to “pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people”.

To pray in the Spirit means to pray in tongues, as well as, being led by the Spirit in prayer. When we pray in tongues, it is our spirit that is praying. Rom 8: 26 says “And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for, but the Holy Spirit prays for us with groanings that cannot be expressed in words.”

Every day start off your prayer time with giving thanks and praying in tongues. It is one of the most powerful forms of prayer.

### **Prayer points:**

- Several prophets had prophesied another building as well as release of financial resources over the church. Pray and thank God will bring it to fulfilment.
  - Pray that we will be given free buildings and resources (sponsors, corporate / government funding).
  - Pray that God will bless our people and that in turn they can bless the kingdom of God.
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## Day 12 - Church Unity

### Scripture:

*John 17:21- Jesus - "I pray that they will all be one, just as you and I are one—as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me."*

### Prayer Gems:

As we go into spiritual warfare, it is so important that we are united with each other. It was said of King David's mighty men: "All these men of war...**were of one mind** to make David king" (1 Chron 12:38). There are different levels of unity: the lowest level is *acceptance*; the next level is *agreement*; and the third level is **alignment** of heart and soul – like an army ready for battle.

Did you know that when Roman soldiers went into battle, their shields, which protected them from chin to toe, were linked to one another forming a wall of defense? What a picture!

Let us be united in our hearts even as we pray for breakthrough !

### Prayer Points:

- Pray for unity at every level of the church
- Pray for the different cultural groups to be united
- Pray against every spirit of division, disunity, disloyalty and rebellion
- Pray against anything that disrupt the unity of the church  
Gossip, accusations, self-righteousness, pride, negativity, critical spirits, offences etc

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## Day 13 - Church and Community Revival

### Scripture:

*Psalms 85:6 – 'Won't you revive us again, so your people can rejoice in you?'*

*2 Chronicles 7:14 'Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.'*

### Prayer Gems:

2 Chronicles 7:14 shows us what we need to do and pray to see revival in the church, our surrounding community and nation.

First, we must humble ourselves. We must submit to God and come to him in repentance and brokenness. Repentance is turning from our ways to God's way of living, which is life in the Spirit. Fasting is a way that we humble ourselves before God. Few things remind us of our human frailty and dependence upon God than hunger. It is also a visible display before God our priorities, placing our spiritual need of Him before our most basic physical need of food.

Secondly, we must seek God's face. We must come together to pray. Finally, we must turn from our wicked ways.

**Prayer Points:**

- Pray for a fresh awakening in the church, that people will return to their first love
  - That the church will be the lighthouse in the community and city.
  - That God will bring revival to our community, that many will come to know him as their Lord and saviour.
  - Pray that the believers will be in the world but not of the world—they would not conform to the pattern of this world, but be filled with Spirit of God and be light bearers.
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**Day 14 - The Next Generation in the Church**

*Ezra 8:21 Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, **and for our little ones**, and for all our substance*

**Prayer Gems:**

Fasting is also an act of repentance. A broken and contrite spirit God will not despise. Fasting humbles the soul and makes you lean on the strength of God.

*Psalms 35:13-14 "Yet when they were ill, I wore sackcloth; I afflicted myself with fasting; I prayed with head bowed on my chest. I went about as though I grieved for my friend or my brother; as one who laments his mother, I bowed down in mourning."*

Fasting is also important when we are seeking God's direction for major decisions. Making decisions is part of human life. Some decisions can make or break our lives especially life altering decisions. Often people about to make life changing decisions will seek God through prayer and fasting.

God being the merciful loving father often provides the answer sometimes through simple signs like peace in the heart, or whatever means suitable to deliver the required response.

Jesus himself prayed all night before he appointed his twelve disciples (Luke 6:12). When the church in Antioch required leaders, the apostles fasted, seeking God's choice. Acts 13:2 "While they were worshipping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them."

**Prayer Points:**

- Pray for the children and the youth in the church that they will have their own personal encounter in God. Pray that they will:
    - remember the Lord their Maker in the day of their youth;
    - seek first the Kingdom of God and His righteousness;
    - lead them in the path of righteousness for His Name sake.
  - Pray for a mighty move of God among the youth who are lost in our city and nation.
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## Day 15 - Pray for our Nation and Government

*1 Timothy 2:1-2 'I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity.'*

### Prayer Gems

Prayer and fasting also attracts angelic intervention. As soon as Daniel started fasting his answer was released from heaven, but the angel was blocked by the prince of Persia (principality). It was only after 21 days that a stronger angel was released to assist the angel assigned to deliver Daniels response to prayer.

*Dan 10:12-14 "Then he continued, "Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them. But the prince of the Persian kingdom resisted me twenty-one days. Then Michael, one of the chief princes, came to help me, because I was detained there with the king of Persia. Now I have come to explain to you what will happen to your people in the future, for the vision concerns a time yet to come."*

### Prayer Points:

- Pray for our Christian Prime Minister, Scott Morrison, and his cabinet to make wise decisions under God's guidance.
- Pray against the spirit of corruption, backstabbing and disloyalty (ISIS book).
- Pray for the protection of religious freedom.

Some aspects of the Protection of Religious Freedom (from the Ruddock Review):

- The right of religious institutions to maintain their religious ethos;
- Establish religion as a protected attribute, rendering discrimination on this basis unlawful;
- Advocating the traditional view of marriage will not be deemed as a disqualifying purpose for charities and their funding;
- No authorised celebrant is required to solemnise any marriage;
- Religious schools are not required to make available their facilities, or to provide good and services, for any marriage, as long as the refusal conforms to the doctrines, tenets, or beliefs of the religion of the body or is necessary to avoid injury to the religious susceptibility of the adherents of that religions.
- Remove blasphemy as an offence.

- Pray for peace and security. Pray against every form of terrorism
  - Righteousness exalts a nation. Pray for righteous and God fearing leaders to be in government especially as we approach the next federal election in 2019.
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## Day 16 The Business and Education World

### Scripture:

*Jude 1:3 – ‘I found it necessary to write to you exhorting you to contend earnestly for the faith which was once for all delivered to the saints.’*

### Prayer Gems:

Fasting also breaks the spirit of heaviness. God gives us the garment of praise for the spirit of heaviness.

In 2 Chronicles, King Jehoshaphat is told “a great multitude is coming against you from beyond the sea, from Syria; and they are in En Gedi”. And Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a fast throughout all Judah”.

Jehoshaphat could have panicked, but he immediately set himself and all the people of Judah to seek the Lord through fasting and prayer. Then the Lord spoke through the prophet Jahaziel that the Lord would fight for them. The King then appointed singers to walk ahead of the army, singing to the Lord and praising him for his holy splendour. The Bible said, “at the very moment they began to sing and give praise, the Lord caused the armies of Ammon, Moab and Mount Seir to start fighting among themselves” (2 Chronicles 20:22).

Praise changes our perspective and positions us for breakthrough!! King David said, “Magnify the Lord...”. When we begin to magnify and focus on the LORD, we will begin to see from His perspective and receive God’s peace. This in turn, enlarges our view and helps us gain revelation from a heavenly perspective.

### Prayer Points:

- Pray against ego, greed and the God of Mammon in the business world (ISIS).
  - “No one can serve two masters; for either he will hate the one and love the other... you cannot serve God and mammon” (Matt. 6:24).
- Pray for Christian business people with integrity to be salt and light in the business world.
- Pray for prosperity as the Bible says “He delights in the prosperity of His servant.” (Ps.35:27)

- Pray against false teaching, brainwashing and indoctrination (ISIS), especially by the media.
  - Pray especially against anti-Christ teachings and influences, such as the LGBTI agenda, gender fluidity, to infiltrate the schools and confuse our next generation.
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## **Day 17 - Media/Sports/Entertainment/Arts**

### **Scripture:**

*Ephesians 6:10-12 Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armour of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.*

### **Prayer Gems:**

We often think the people are the problem, but actually it is often a spiritual issue. Whether you know it or not, as a Christ-followers, you are already engaged in spiritual warfare, regardless of your level of participation. If we ignore the reality of spiritual warfare, we will forfeit some of God's best promises for ourselves, our family and friends and nation.

### **Prayer Points:**

- Pray against the spirit of *Sensationalism*, the spirit of *Exaggeration*, the spirit of *Lies*, and the spirit of *False Prophets* (acronym SELF, from ISIS book).
  - Pray against the spirit behind the excesses of wealth, wine and women (immorality) and fame (pride) in the sports, entertainment, arts world.
  - Pray that those Christian artists who love God passionately would be given the platforms to speak for God and His Kingdom.
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## **Day 18 - Family World**

### **Scripture**

*Matthew 18:18 – 'Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.'*

### **Prayer Gems:**

The armour of God consists of six pieces: the belt of truth, the breastplate of righteousness, the sandal of peace, the shield of faith, the helmet of salvation and the sword of the spirit.

We need to put off before we can put on the armour (which is in Christ), just as we take off our dirty clothes before we put on fresh, clean clothes.

Today, we focus on the belt of truth, the breastplate of righteousness and the sandal of peace.

To put on the **belt of truth**, we put off every lie, every deception, every insincerity in our lives. And we put the belt of truth. Declare: *“You are the spirit of truth sent to teach me all things, so that I will not be ignorant of the Devil’s devices and would not be taken advantage by him. Let your light shine into my darkened heart and fill me with your wisdom, knowledge, understanding and discernment that I may see you clearly and navigate successfully in this dark and chaotic world.”*

To put on the **breastplate of righteousness**, first put off every sin, trespass and iniquity. Confess every known sin. Declare: *Lord, I have your righteousness thus full access to your presence. There is no more condemnation or guilt in me for your precious blood is more than able to cleanse my conscience of all my sins. I renounce shame and guilt. I am a brand new person, old things have passed away, all things have become new. I am your favoured son/ daughter for you surround your righteous with favour as with a shield.*

To put the **sandals of peace**, put off any worry, any anxiety, confusion, stress and anything that robs you of your peace. Declare: *Lord, you are Jehovah Shalom, I cast all my cares upon you for you care for me. I declare “peace, be still” to all the turmoil and chaos in my life. Let the peace of God guard my heart and my mind and be the umpire in my heart so that I will know I am doing things out of your will.*

#### **Prayer points:**

- Pray that Satan will not infiltrate the family unit.
- Pray for the preservation of the family unit as planned by God. Pray against any unbiblical popular views on marriage. Pray against the onslaught of the LGBTI agenda that seeks to cause gender confusion and destroy the family unit as God ordained it.
- Pray against the spirit of divorce.
- Declare the sword of the Lord to cut through every bondage of sexual immorality, homosexuality and abortion. Repent of those sins on behalf of the nation.
- Pray against the strongholds that seek to destroy marriage i.e. warring in the flesh vs warring in the spirit, encouragement vs discouragement, disengagement vs engagement with each other, grief vs joy (Acronym WEDGE in ISIS book)

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## **Day 19 - Religious World**

### **Scripture**

*Matt 21:22 – “If you believe, you will receive whatever you ask for in prayer.”*

### **Prayer Gems:**

Today we continue on the armour of God.

To put on **the shield of faith**, we must first put off every unbelief, doubt, disillusionment. Declare: *I have been given a measure of faith bigger than a mustard seed. I have faith to*

*command the mountains in my life to move and be cast into the sea. I can do all things through Christ who strengthens me and I am more than a conqueror through Him who loves me. I declare the King of Kings and the Lord of Lords has given me authority to trample on snakes and scorpions and to overcome every power of the enemy.*

To put the **helmet of salvation**, *I put off and renounce every weary, weak, discouraged mind and put on a mind that is passionate, focused and zealous for the things of God; I renounce a corrupt, defiled mind and put on a pure mind; I put off a dark, reprobate mind and put on a sound mind; I put off and renounce the carnal mind and put on a spiritual mind and put off a foolish mind and put on a mind filled with the wisdom of God.*

To take up the **sword of the Spirit**, declare: *I take up the sword of the Spirit, which is the word of God, to defeat the traps and schemes of the enemy for my life. May my words be spirit and life and minister encouragement, health and life to others.*

**Prayer points:**

- Pray against anti-Christ spirit against the Church.
- Pray for God to send vision and dreams to the Muslims especially.
- Pray that the Body of Christ will be united.

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**Day 20 Nations**

**Scripture:**

*Psalm 2:8 - 'Ask of me, and I will make the nations your heritage, and the ends of the earth your possession.'*

**Prayer Gems:**

Prayer changes situations. God has given us authority to speak to situations and command mountains to move. God created the earth through speech. For as long as He said nothing, nothing happened. The same applies to us, nothing will change without prayer, because prayer invites God into the situation.

God asked the prophet Ezekiel to prophesy to the valley of dry bones and in turn a mighty army was raised up. Often, God is looking for someone on earth to bring about changes by praying and declaring His will into situations.

**Prayer Points:**

- Pray for all the nations we send mission support to including the pastors and workers in:
  - Kenya – Ps Suubi & his family as they lead the - Children of Destiny school & orphanage;
  - Bulgaria – Ps Bojida as he establishes schools and works in poor towns.
  - Malaysia – Ps Jeremiah, Ps David Goh.
  - India – Dr Colleen Reddit & the CMCT orphanage in Chennai. Ps Justin Samuels.
  - Slovakia – Dr Marek (federal member of parliament).

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## Day 21 - Thanksgiving

### Scripture:

Philippians 4:6 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

### Review of prayer points

Go over some of the prayer points for the last 20 days.

- Begin to thank God, believing that He has answered your prayers.
  
- Pray for:
  - Church Leaders & staff and ministry leaders.
  - Youth, Children & schools.
  - Pro-life & culture
  - Our city & government
  - Fathers in the land
  - Marketplace
  - Missions